

Narrows First Aid Training offers training in CPR, BLS, First Aid and Bloodborne Pathogens in Tacoma, WA and surrounding areas. With over 60 years of combined experience in the EMS field, our instructors take you through real life lessons learned as we instruct our students and prepare them for the possibility of performing First Aid or CPR as needed on family, friends, co-workers or strangers.

All Courses meet

Current American Heart Association
Guidelines

Federal and State Regulations/ Standards

Narrows First Aid Training
860 Baby Doll Road SE
Port Orchard, WA 98366

Recipient Name
Address
City, ST ZIP Code

Narrows First Aid Training



**Real jobsite First Aid and CPR education
by experienced professionals**

CPR Instruction by Local Firefighters &
Paramedics

Servicing Tacoma & Greater Puget Sound Area



CPR & First Aid Training Group Courses

Basic CPR for the Non-Professional (2.5-3 hrs)

- One Person Adult CPR with Mannequin Practice
- Child and Infant CPR instruction
- Procedures for Use of an Automatic External Defibrillator
- Choking (Adult, Child & Infant)
- CPR Certification

Basic Life Support (BLS) for the Professional/Health Care Provider (3-5 hrs)

- One Person CPR with and Without Use of Bag Valve Masks
- Two Person CPR with and Without Use of Bag Valve Masks
- Practice with the Infant Mannequin
- AED Operation
- Performance Changeover
- Written Exam Required

Bloodborne Pathogens Training (.5-1 hr)

- Awareness Level Course for the EMS/Healthcare Provider
- How to Identify and Protect Yourself from the EMS Diseases of Concern

**Narrows First Aid Training
Company Goal:
To enlighten and educate
our clients in the latest
methods with correct
training in the performance
of CPR and First Aid.**

First Aid Training (3-4 hrs)

- Basic Vital Signs
- Identification and First Aid Treatment of Serious Medical Conditions
- Instruction on Identification and Treatment of Various Injuries
- Instruction on Identification and Treatment of Life Threatening Accidents

Narrows CPR & First Aid Training Fees

Basic CPR (2.5-3 hrs)

- \$165 1-11 Students
- \$275 12-21 Students
- \$385 22-30 Students

BLS for the Professional/HCP (3-5 hrs)

- \$50 Per Student
- Minimum 5 Students
- Maximum 18 Students
- Consult Staff to Request Possible Exceptions

First Aid Training (3-4 hrs)

- \$275 Flat Fee
- Maximum 30 Students

CPR & First Aid Training (6.5-8 hrs)

- \$420 1-11 Students
- \$530 12-21 Students
- \$640 22-30 Students

Bloodborne Pathogen Training (.5-1 hr)

- This course is generally incorporated with First Aid Course and if so done with no additional cost. The course is available as a separate course. Please discuss cost with staff.

Prices are subject to change without notification.

Unless otherwise clarified, all prices include tax.

Prices do NOT include travel fees if applicable

Contact Us

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